

# Derbyshire A.T.C

Archery Training Centre Aligned to Archery GB Pathway

Venue Address  
Ecclesbourne School,  
Wirksworth Rd,  
Duffield,  
Belper  
DE56 4GS

Postal Address  
David Anderson  
172 Wadsley Lane  
Sheffield  
S6 4EE

## BOOKING FORM

NB. There are 6 pages in this booking form, please complete as many as possible and return them, with the fee to the Postal address above. Don't worry about any details you do not have to hand, we can help with this on your first session.

<b>Athlete name:</b>	
Date of Birth (if under 18)	

Please tick dates required and insert charge in final column, then complete the total box at the bottom.  
Cheques made payable to David Anderson.

Date	Book (please tick)	Charge £30 each
24 <sup>th</sup> Sept		
22 <sup>nd</sup> Oct		
12 <sup>th</sup> Nov		
7 <sup>th</sup> Jan		
4 <sup>th</sup> Feb		
4 <sup>th</sup> Mar		
Total		£

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## Athlete Details:

<b>Athlete name:</b>	
Date of Birth (if under 18)	

<b>Contact Address</b>	
Number and street	
City	
County	
Post Code	

<b>Parent/Carer name (if under 18):</b>
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<b>Contact email address (please include parent/carers if Under 18)</b>	
Athlete email	
Parent/carers email	

<b>Contact phone number</b>	
Primary contact number	
Secondary, if above not available.	

<b>Medical information</b>	
Please supply any medical information that you feel we should be aware of, please include information on any medication that may need to be taken during a session	

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**Athlete's Archery Information:** (complete what you can, this is only to help the coach determine where you are in your archery)

<b>Bow type, club and shooting level</b>	
Archery GB number:	
Bow type Recurve/Comp...	
Club	
Coach	
Please give details of achievements. e.g. Junior Master Bowman, PB for 720 (include distance)	
How many times per week do you shoot?	
How many arrows do you shoot per week?	
How many years have you been shooting?	
At what level have you competed? Club, county, regional, national	

## Athlete's Equipment:

### Bow:

Riser                      Make:                      Model:                      Length: \_\_\_\_\_  
Limbs make                      \_\_\_\_\_                      Weight                      \_\_\_\_\_  
Do you have spare light limbs                      Y/N                      \_\_\_\_\_  
Weight on fingers                      \_\_\_\_\_  
String                      \_\_\_\_\_  
nocking points                      \_\_\_\_\_  
Tiller                      \_\_\_\_\_  
Bow Length                      \_\_\_\_\_

### Arrows:

Make                      \_\_\_\_\_  
Length                      \_\_\_\_\_  
Nocks                      \_\_\_\_\_  
Points                      \_\_\_\_\_  
Number                      \_\_\_\_\_  
Draw Length                      \_\_\_\_\_  
Are they numbered and initialled                      Y/N

### Sight

Make                      \_\_\_\_\_

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**Tab:**

Make \_\_\_\_\_

**Are you intending changing any of your kit in the near future?**

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## Athlete Goals:

What are your archery goals, short, medium and long-term?

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What do you want to get out of attending this ATC?

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## Athlete Coaching:

Do you have a personal coach? Y/N

If yes please give details: \_\_\_\_\_

How often do you access coaching? Daily/Weekly/Monthly/irregularly/Never

## Archery GB Pathway

Are you aware of the Archery GB Pathway? Y/N

Have you joined the Pathway NTDP? Y/N

Have you got a place on the Archery GB Academy? Y/N

Do you follow the Pathway recommendations? Y/N

Do you warm up before shooting? Y/N

Do you have a warm up routine? Y/N

How much physical exercise do you do per week? 30mins/1 hour/2 hours/3 hours/4 hours/5 hours

Do you do another sport? Give details. \_\_\_\_\_